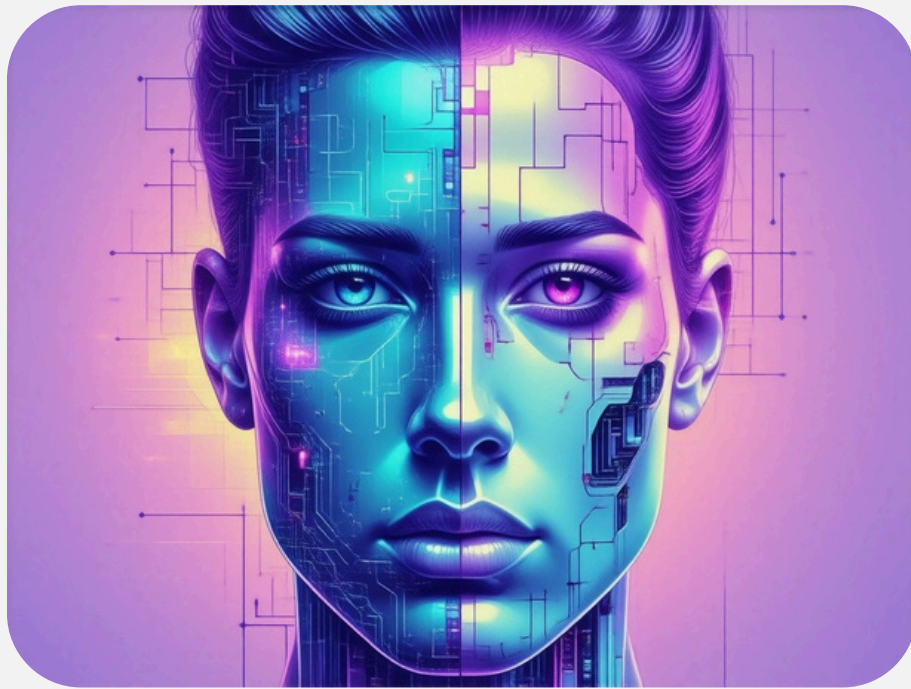


# AI READINESS SCORECARD

AI Is Here. Are You **Actually** Ready?



**Bottomless AI**

Your Companion to the Limitless World of  
Artificial Intelligence

# Purpose of this Scorecard

This scorecard cuts through the noise.

It's your mirror moment. A chance to figure out where you actually stand with AI — not where you wish you stood.

No fluff. No corporate jargon. Just a straight-up assessment of your readiness for the AI revolution happening right under your nose.

It measures the stuff that matters:

- How much you actually get what's happening (not just the headlines)
- Whether your brain is open or locked shut to new possibilities
- If you've got the basic skills or are faking it
- Whether you can spot the ethical landmines before stepping on them

The point? Find your weak spots before they find you.

This isn't about making you feel good (or terrible). It's about clarity. About knowing exactly where to focus your energy next.

Because adaptation isn't optional anymore.

It's the whole ballgame.

# Your AI Readiness Scorecard: Where Do You Stand?

Alright. AI's here. It's changing things. Fast.

Your career. Your industry. The skills that matter.

The big question: Are you ready?

This scorecard gives you a brutally honest look in the mirror. No judgment — just clarity on where you stand and what to do next.

## How to use this scorecard:

For each statement, gut check time:

- **1 = Nope.** (Doesn't sound like me.)
- **2 = Kinda.** (Getting there, but work to do.)
- **3 = Yep.** (Nailed it. This is me.)

Be honest. This is for you, not for show.

## Section 1: AI Awareness – Do You Get the Gist? (Max 15 Points)

- ( ) I can explain how AI actually works without sounding like I'm bullshitting (1, 2, 3)
- ( ) I know how AI is specifically disrupting my industry right now (1, 2, 3)
- ( ) I follow AI news that matters to my field (not just the hype) (1, 2, 3)
- ( ) I know AI isn't magic. I understand its limits and can spot when it's hallucinating (1, 2, 3)
- ( ) I've actually used common AI tools beyond just the basics (1, 2, 3)

Your Awareness Score: \_\_\_\_/15

## 💡 Section 2: Mindset – Are You Open or Closed Off? (Max 15 Points)

- ( ) Change doesn't freak me out. New tech? I can roll with it. (1, 2, 3)
- ( ) I'm curious. I actually want to figure out how this AI stuff works. (1, 2, 3)
- ( ) Learning new things is kinda my jam. I actively keep my skills fresh. (1, 2, 3)
- ( ) I see AI more as a potential ally than a job-stealing monster. (1, 2, 3)
- ( ) I'm willing to ditch old workflows when better ones come along. (1, 2, 3)

Your Mindset Score: \_\_\_\_/15

## Section 3: Skills & Action – Can You Walk the Walk? (Max 18 Points)

- ( ) I know how to write prompts that get AI to give me useful results (1, 2, 3)
- ( ) I don't just blindly trust AI output. I check it. Question it. Use my own brain. (1, 2, 3)
- ( ) I know when to use AI and when my human judgment is better. (1, 2, 3)
- ( ) I can look at basic data (charts, numbers) and figure out the main story. (1, 2, 3)
- ( ) I'm comfortable using digital tools to collaborate with others. (1, 2, 3)
- ( ) I've successfully used AI to improve my work on real tasks. (1, 2, 3)

Your Skills Score: \_\_\_\_/18

## Section 4: Ethics – Thinking About the Tough Stuff? (Max 12 Points)

- ( ☐ ) I think about whether using AI in certain ways is fair or right. (1, 2, 3)
- ( ☐ ) I can spot when AI outputs reflect problematic biases. (1, 2, 3)
- ( ☐ ) Privacy matters. I consider data privacy when using AI tools. (1, 2, 3)
- ( ☐ ) I believe humans should have the final say over important AI decisions. (1, 2, 3)

Your Ethics Score: \_\_\_\_/12



## Section 5: Strategy – Got a Plan Stan? (Max 15 Points)

- ( ) I've thought about how my job might change because of AI. (1, 2, 3)
- ( ) I know which parts of my job AI can't replace. (1, 2, 3)
- ( ) I have an actual plan for which AI skills to develop next. (1, 2, 3)
- ( ) I aim to use AI to make me better, not to replace my judgment. (1, 2, 3)
- ( ) I aim to use AI to make me better, not to replace my judgment. (1, 2, 3)

Your Strategy Score: \_\_\_\_/15



# So, What's Your AI Readiness Profile?

Total Score: \_\_\_\_/75

## What Your Score Means:

### 15-30 Points: AI Apprentice

- You're at the starting line. Maybe feeling a bit lost or nervous. That's normal.
- **Your Focus Now:** Get the basics down. Try one simple AI tool (like a better spellchecker or a meeting summarizer). Read one article about AI in your field this week. Just start.

### 31-49 Points: AI Explorer

- You're curious. You've played around a bit. You see the potential but aren't sure how to make it work for you consistently.
- **Your Focus Now:** Experiment more deliberately. Pick one task you do regularly and find an AI tool that might help. Learn how to ask better questions (prompting). Find a short online tutorial on a skill you scored low on.

## What Your Score Means continued:

### 50-64 Points: AI Adapter

- You're getting comfortable. You're using AI tools and adapting your workflow. You get why continuous learning matters.
- **Your Focus Now:** Go deeper. How can AI strategically improve your work, not just automate bits? Practice evaluating AI output critically. Explore AI applications specific to your role.

### 65-75 Points: AI Navigator

- You're ahead of the curve. You actively use AI, understand its strengths and weaknesses, and you're proactive about skilling up.
- **Your Focus Now:** Stay sharp. Trends change fast. Can you mentor others? Can you spot opportunities to use AI for bigger wins in your team or company? Lead the charge on responsible AI use.

## ! Red Flag Check:

Check any mindset barriers that feel familiar:

☐ "I freeze when AI tools don't work perfectly" → Work on: Understanding AI has limitations and knowing how to troubleshoot

☐ "I avoid learning AI to 'protect my job'" → Work on: Seeing how AI users will replace non-AI users (not AI replacing humans)

☐ "I believe AI is too complex for someone like me" → Work on: Breaking AI into bite-sized learning chunks (start with one simple tool)

☐ "I blindly trust whatever the AI produces" → Work on: Developing critical assessment skills for AI outputs

☐ "I think ethical concerns are overblown" → Work on: Understanding the real-world impacts of AI systems

# Your Next Move: Don't Just Sit There.

Knowing your score is useless without action.

Pick ONE thing. Just one.

Look back at your scores. Where did you score lowest? Or what area feels most urgent right now?

## My ONE Focus Area:

*(e.g., Trying AI tools, Understanding bias, Better prompting)*

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## My FIRST Tiny Action Step:

*(e.g., Watch 1 YouTube intro, Try ChatGPT for 15 mins, Read that article I saved)*

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## I'll Do This By:

*(Set a real deadline. Tomorrow? End of the week?)*

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That's it.

This score isn't permanent. It's a snapshot. A starting point.

The future belongs to those who adapt. Start adapting now.

One small step at a time.

The **AI Readiness Scorecard** is part of "AI Career Navigator System. Future-Proof Your Career in the AI Age. Your Complete Strategy + Interactive Toolkit for Thriving — Without Losing Your Humanity "



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